



आचार्य मनिष र. जोशी
सचिव

Prof. Manish R. Joshi
Secretary

Handwritten notes:
15/4/24
VC/223
15/4/24
Step 2000



सत्यमेव जयते



विश्वविद्यालय अनुदान आयोग
University Grants Commission
(शिक्षा मंत्रालय, भारत सरकार)
(Ministry of Education Govt of India)

D.O.No.2-25/2023(CPP-II)

04th April, 2024/ 15 अप्रैल, 1946

Subject: Regarding landmark initiative of Tele Mental Health Assurance and Networking Across States (Tele- MANAS)

Respected Madam/Sir,

As you are aware, the Ministry of Health and Family Welfare has launched a landmark initiative of Tele Mental Health Assurance and Networking Across States (Tele MANAS) on 10th October, 2022 on the occasion of World Mental Health Day, which aims to provide free tele-mental health services all over the country round the clock, particularly catering to people in remote or under-served areas.

In this regard, it is stated that a toll-free, 24x7 helpline number 14416 or 1800-891-4416 has been set up to cater and deliver the health care services to the last mile free of cost and Tele MANAS has performed commendably since its launch, which further needs popularizing amongst masses creating awareness about the availability of such service which is free of cost and available 24x7.

Further, the new logo (copy enclosed) has been launched to Tele- MANAS at the National Health Mental Health Conclave on the occasion of World Mental Health Day- 2023 i.e., 10th October, 2023 and the 1st anniversary of NTMHP.

The Higher Educational Institutions are requested to widely publicize about the Tele- MANAS helpline which is available for the benefit of those in need of mental health and wellness services, free of cost and available 24x7.

With kind regards,

Handwritten:
VC/223
15/4/24

Yours sincerely,

Signature of Manish Joshi
(Manish Joshi)

Encl: As stated above.

To
The Vice-Chancellors of all Universities
The Principals of all Colleges/Institutes

Handwritten note in Hindi:
निदेशानुसार कक्षा महाविद्यालय, अध्यापनशाखा, संस्थानों में
अध्यापकों प्रसार करने का कार्य करें।
प्रति, कक्षा प्रचार/विभागाध्यक्ष निदेशक/शिक्षा विभाग प्रोक्टर 15/4/2024